

RETREAT
TEACHINGS ON YONTEN DZÖ
(THE TREASURE OF PRECIOUS QUALITIES)
AND DZOGRIM
(PERFECTION STAGE)

guided by **DOLPO TULKU RINPOCHE**
and **NAMKHA RINPOCHE**

From Sunday, 9th April 2017, at 5 pm
until Sunday, 16th April 2017 at 8 am in Evolène (Valais, Switzerland)



The retreat is open to all. All participants can receive the transmission of Yonten Dzö that will occupy most of the time of this retreat. **However, the teachings on Dzogrim**, which will take place for about an hour a day, will be given only to students who have followed and practiced the first two years of this five-year program.

Teachings on Yonten Dzö and Dzogrim

During this retreat, Dolpo Tulku Rinpoche will teach on Yonten Dzö, The Treasure of Precious Qualities, by Rigdzin Jigme Lingpa. This text exposes the whole of the Buddhist path, from the Shravakas vehicle to the Great Perfection. This text is a terma, or spiritual treasure, composed by Rigdzin Jigme Lingpa, in the middle of the 18th century, according to a vision of Longchenpa. Dolpo Tulku Rinpoche will particularly teach the tenth chapter on the vehicle of Vidyadharas, or awareness holders. Dolpo Tulku Rinpoche was recognized by Dilgo Khyentse Rinpoche as the 3rd incarnation of Dolpo Nyingchung Drubthob. He received a monastic education under Penor Rinpoche's guidance at the Namdroling Monastery in India. He now teaches at the Ngagyur Nyingma Institute as an ordained professor of Buddhist philosophy and travels intensively in Asia and Europe to give lectures and to guide meditation seminars.

Namkha Rinpoche will teach on the practices of Dzogrim, the perfection stage based on a text of Dudjom Rinpoche, Jigdrel Yeshe Dorje, that is part of the cycle of Dorje Drolö, a wrathful emanation of Padmasambhava. This teaching will mark the third phase of a five-year practice cycle

initiated by Namkha Rinpoche in 2015. Following these instructions, students will participate in a 100-day practice program, either in strict retreat or a two-hour practice at home. Namkha Rinpoche is the founder and principal lama of the International Rigdzin Community, a community of lay practitioners of the Nyingma tradition. He was recognized by Dilgo Khyentse Rinpoche as the reincarnation of Trakngak Lingpa, as well as the reincarnation of Domang Yeshe Dorje by Domang Yangthang Rinpoche.

Teachings will be translated simultaneously in English, French and Spanish.

PRACTICAL INFORMATION

Meeting Point:

Sunday, 9th April 2017, at 5 pm, at the "Chalet LANA", in the village of Evolène, Valais.

Description of the place:

The chalet is very comfortable, the rooms are with 2, 3, 4, 6 or 8 beds and equipped with shower and bathroom WC.

By car (from Geneva airport):

Highway A1 in the direction of Lausanne /in Lausanne follow highway A9/E62 in the direction

of Vevey-Montreux-Martigny-Sion / exit highway Sion-est / then follow Val d'Hérens-Evolène / Once arrived in Evolène, do not enter the village centre but turn around the village and follow "les Haudères" / then at the end of the village turn right at the sign "camping" / then follow the direction of camping and turn left at the sign chalet La Niva/Lana.

By train and bus:

Take the train to "Sion (Valais)" station, then take a bus from Sion poste/gare until the bus stop: "Evolène Route de Lannaz". Walk on 50m in the direction of "COOP supermarket". When arrived in front of the COOP, take the road on the right in the direction "camping/télé evolène", which goes back towards the village. Walk on 200m and take the road which goes down in the direction "Lannaz/télé evolène". Pass the pharmacy and the restaurant "Le Refuge" and follow the road on 1.5km. Then, take the road on the left in the direction "chalet La Niva" and walk 300m, you arrived at the chalet Lana.

*Train and bus time departures: www.sbb.ch
Choose for arrival destination "Evolène, Route de Lannaz"*

A sleeping bag is needed

FOR MORE INFORMATION:
rigdzincommunity.ch@gmail.com

REGISTRATIONS
http://namkha.railsplayground.net/retreat1/user/login?lang=en_US
Password: dzogrim

PRICES:
(lodging, vegetarian food, teachings,
children caring included)
CHF 685.- the week

PRICES FOR SANGHA
(Rigdzin Community + ordained persons)
CHF 625.- the week

PRICES FOR CHILDREN: from 4 to 15 years)
CHF 150.- the week
20% discount on the retreat prices for families with
children of more than 15 years

In case of cancellation, it shall be announced no later than 2 weeks before the start of the event. **(25th March)**, after this time all cancellations will be charged 120CHF/100 euros for the organization costs.

BE ATTENTIVE THAT THE PARTICIPATION TO THE PRACTICE AND TEACHING SESSION'S PARTICULARLY DURING THE RETREAT REQUIRES A GOOD PHYSICAL AND PSYCHOLOGICAL HEALTH STATE. THE ORGANIZERS WILL NOT BE RESPONSIBLE OF CONSEQUENCES THAT COULD ENDURE PARTICIPANTS WHOSE HEALTH WOULD NOT BE ADEQUATE.