



DOLPO TULKU RINPOCHE

BUDDHIST ONLINE STUDY PROGRAMME with Dolpo Tulku Rinpoche

In cooperation with Buddhismus in Berlin e.V. berlin-buddhismus.de

Content

With the aim to build a good foundation of Buddhist philosophy, Dolpo Tulku Rinpoche has offered to start a new ONLINE STUDY PROGRAMME from May 12th to May 16th 2021. For this purpose he will base his teachings on the classical Buddhist treatises, in particular on the works of Longchen Rabjam, Rigdzin Jigme Lingpa and Ju Mipham Rinpoche, who have been very learned masters of the 14th to 20th century.

Programme structure and participation

Every year, starting from 2021, Dolpo Tulku Rinpoche will teach five full days online on the classical texts mentioned below. The whole programme will run for a period of four years – divided into three years of Sutrayana teachings and one year of Tantrayana teachings and practice.

Throughout the year, there will be online study and review sessions (every first Sunday of the month for 90 mins each) with Dolpo Tulku Rinpoche and/or Arne Schelling to repeat and deepen the contents that have been taught and the knowledge that has been acquired through personal studies (up to 100 pages per year). Since the topics are lined up in sequential order, continuous participation is suggested; nevertheless, new participants are always welcome.

The topics

Year #1: Based on the first two chapters of Longchenpa's Drubtha Dzö (Precious Treasury of Philosophical Systems), Rinpoche will teach on Lorig (Typology of mind) and Tarig (Wise reasonings), the various levels of teachings of Buddha Shakyamuni and their similarities and differences.

Year #2: Based on the third chapter of Longchenpa's Drubtha Dzö, Rinpoche will teach the Non-Buddhist and Buddhist philosophies in detail. Within that he will focus on the Chittamatra and Madhyamaka views to explain the two levels of truth: emptiness and interdependent origination.

Year #3: Based on the fourth chapter of Longchenpa's Drubtha Dzö, Rinpoche will teach the Shravakayana and Partyekabuddhayana as well as the Mahayana paths, and will especially focus on Buddha Nature, the five paths and ten bhumis and Patrul Rinpoche's "Way to generate Bodhicitta". We will also learn to practice Mipham Rinpoche's Buddha Shakyamuni Sadhana. Doing this, we will combine study and practice.

Year #4: The fourth year will be dedicated to a thorough understanding of the Vajrayana, while deepening both aspects of study and practice. Rinpoche will base his teachings on Longchenpa's "Finding comfort and ease in the nature of mind" and Jigme Lingpa's "Treasury of precious qualities", covering three main topics: 1. empowerments, the entrance to the Vajrayana; 2. generation and completion stages, the Vajrayana path, and 3. the Samayas, the helpful friends on the path. As a practice we will focus on the Rigdzin Düpa Sadhana.

Biographies

Longchen Rabjam 'Infinite, Vast Expanse of Space' (1308-1364) was one of the most brilliant teachers of the Nyingma lineage. He systematized the Nyingma teachings in his 'Seven Treasures' (one of them being Drubtha Dzö) and wrote extensively on Dzogchen. He transmitted the Longchen Nyingtik cycle of teachings and practice to Jigme Lingpa, and it has since become one of the most widely practised of traditions.

Jigme Lingpa (1730-1798) is regarded as one of the most important figures in the Nyingma lineage. Also known as 'Khyentse Özer', 'Rays of Compassion and Wisdom', he was a great scholar and visionary, and discovered the Longchen Nyingtik cycle of teachings and practice through a series of visions from the great fourteenth century master, Longchenpa. With the patronage of the Dergé royal family, Jigme Lingpa published the compilation of Nyingma tantras known as the Nyingma Gyübum and composed a catalogue to accompany it.

Mipham Rinpoche (1846-1912) — a great Nyingma master and writer of the last century, student of Jamgön Kongtrul, Jamyang Khyentsé Wangpo and Patrul Rinpoche. Blessed by Manjushri, he became one of the greatest scholars of his time. His collected works fill more than thirty volumes. His chief disciple was Shechen Gyaltsab Pema Namgyal.

Dolpo Tulku Rinpoche, Sherab Zangpo was born in 1981 in the Dho Tharap valley in Dolpo region of Nepal. At the age of ten he was recognized by His Holiness Dilgo Khyentse Rinpoche as the reincarnation of the Dolpo Lama Nyinchung Rinpoche. He travelled to Namdroling Monastery in Bylakuppe, Mysore to complete his study of philosophy, practice and rituals under the guidance of His Holiness Penor Rinpoche. He excelled in all his studies. Upon completion of his studies, he began to teach Sutra and Tantra at the Ngagyur Nyingma Institute, the advanced center of philosophy study at Namdroling Monastery from 2007. In 2008, Dolpo Tulku Rinpoche went to Dolpo to be enthroned in his monasteries in Dho Tarap, Saldang and Namgung and to take more active responsibility of his people there.

Schedule for the 1st part of the study course:

Retreat: Wednesday May 12th – Sunday May 16th 2021

Teaching by Dolpo Tulku Rinpoche	8:30 am – 10:00 am (Central European Time)
Teaching by Dolpo Tulku Rinpoche	11:00 am – 12:30 am (Central European Time)
Tutorial with Arne	2:30 pm – 4:00 pm (Central European Time)

Study Sessions will start Sunday June 6th 2021 at 10 am CET

We ask participants to buy the following book as a basis for study: Longchen Rabjam, "Drubtha Dzö" (Precious Treasury of Philosophical Systems): ISBN-10: 1881847446; ISBN-13: 978-1881847441

Language

The language of the course is English.

If requested by the participants, a German-language version of the script can also be created for a corresponding donation.

Registration & Contact

Please contact Carmen Schaub, carmen@dolpotulku.org

Expenses: In order to appreciate the efforts of Dolpo Tulku Rinpoche and Arne Schelling, as well as to compensate for the organizational effort of the Dolpo Tulku e.V., we ask for a **contribution of a self-chosen amount**.

Our recommended contribution **per year** for the study course (incl. access to **recordings** and **practice materials** (scripts)) is therefore between **300 to 800 Euros**. There is the possibility of submitting the course fee in two installments: The first installment at the time of the retreat and the second installment for the 11 study sessions. Many thanks in advance!

Please note that your registration is secured only through a non-refundable **deposit of 50 Euro**. Please transfer the course fee to the account of the Dolpo Tulku e.V. or send it to us via Paypal. Only upon receipt of the course fee your participation will be confirmed as binding.

Account: *Dolpo Tulku e.V., Stadtparkasse München,
Kto. 100 199 5404, BLZ 701 500 00
IBAN DE82 7015 0000 1001 9954 04 / BIC SSKMDEMMXXX
Purpose: **Shedra***

Paypal: www.paypal.me/dolpotulku

Technical requirements: The online sessions will take place via Zoom. Zoom is a fairly user-friendly online meeting program that allows participation via computer, tablet or smartphone. Under the following link you will find instructions on how to join a meeting and the possibility to test the connection with Zoom:

<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>

There is also the possibility to dial in free of charge via telephone if you don't have internet, but then without video.

If you have any questions or technical problems please contact Carmen: carmen@dolpotulku.org

Liability: Participation in this retreat is at your own risk. The organiser, Dolpo Tulku e.V., as well as the instructor shall accept no liability for any personal injury and damage to property, caused on the occasion of course participation. Intensive meditation retreats are often not suitable for people with a history of psychiatric illness. In case of doubt, we ask for consultation in advance.