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## Dolpo Tulku Charitable Foundation

Trust Regd. Number Trust 741

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### DTCF Students Sponsorship Program Report

#### Introduction

Dolpo Tulku Charitable Foundation has been serving actively in educating the children of Dolpo through its sponsorship program for the last seven years in addition to the funding and implementation of other educational projects such as Winter School Session, Cultural teachers in Dolpo schools, teachers training programs, support in construction and maintenance of school infrastructures etc. The foundation initiated the children sponsorship program intending to allow the disadvantaged children of Dolpo to attend the schools and develop them as a useful citizen for their community and country in future. The program was commenced with the three children in beginning and today's date, the foundation is supporting ten school level students, one college-level student and five undergraduate-level students through its sponsorship program. But amongst the ten school level children, three children took leave from the sponsorship program in 2019.

## Profile of School Children Sponsorship Students

### Pema Norbu Lama



Pema Norbu is doing well in Kathmandu with his father who came from Dolpo in the mid of December. Currently, he is in winter vacation of forty days and planning to travel to India with his father for pilgrimage. His school held its half-yearly examination in September plus his progress report shows that he was able to score average grade in most of the subjects though he seems to be good in Tibetan language and other extra

activities such as singing and dancing. And his class teacher informed me he is facing difficulty in the Nepali language otherwise he is making progress in other subjects. Pema Norbu told me, he is enjoying school days in Kathmandu and he is willing to improve his Nepali language with the help of the teacher and friends in coming days. He is currently studying in grade four and it is his third year in Kathmandu being far from his mother and studying in the capital city.



## Karma Choeky Loday



Karma Choeky Loday is fine and healthy with her mother who works as a cook in one nunnery nearby the Boudhanath Stupa for the last several years. At present, Loday is studying in grade two and his class teacher informed me that he is a very intelligent and good student though he is facing a bit of difficulty with the Nepali language. Therefore, to improve his Nepali language and revises the other subjects of school

his mother has even hired a tutor. He tells me he likes Maths and its calculation part besides science. Further, he adds that he playing sports and he plays football with nuns of his age in the nunnery during the weekends.



## Phurba Lhamo



Phurba Lhamo in last year of her secondary school where she has to appear for SEE( Secondary Education Examination) at the end of the academic year. She is preparing hard for the final examination and the school engaged them in studies from the morning to evening. In her half-yearly examination, she has secured a good score in most of the subjects except in Optional Math.

She told me, the year 2019 has been good though she is spending most of her time in a study which didn't let her participant other extracurricular activities. After the completion of her final examination, she is planning to visit her mother in the village during the three months vacation.



Phurba Lhamo with her grandmother

## Susmita Shahi



Susmita Shahi is doing fit and fine with her single mother and little brother in Dunai. At present, she is studying in grade one at Dunai Boarding School, the only boarding school in Dunai, headquarter of Dolpo District. She told us that she likes Mathematics and Science subjects rather the language subjects such as English and Nepali. And even her progress report of the

examination has shown that she has scored better marks in subjects she is interested. Further, she loves being around her mother and looking after her little brother after school hours. And now she has a vacation for almost two months since the school shutdowns in winter due to harsh weather. Susmita's mother would to like express her immense gratitude to the sponsor who has made possible for her daughter to study in a boarding school which won't be able to do in her lifetime.



Susmita with her little brother and mother.

## Phurba Sangmo



Phurba Sangmo is fit and fine with her parents and elder brother who is also studying in her school. Recently, their winter vacation of forty days has started and she went to Indian with her parents since her parents want to do small businesses during the Kalachakra Festival 2020. And they will stay there for a month. Currently, she is studying in grade seven with her brother who is

also in the same class. She was telling me she likes her school days and also she likes reading storybooks in the Tibetan language. Further, her class teacher informed me that she actively participates in traditional dances and music activities of the school. Pasang Lhamo, the mother of Phurba Sangmo would like to forward her heartfelt gratitude and best wish to Phurba Sangmo's sponsor for supporting her daughter continually and selflessly.



## Santoshi Dharala



These days Santoshi Dharala is living with her single father in a village which is a day walk from her School. She has a vacation of around two months as the school remains closed during the winter season due to cold weather which allows her to be with her father. Rest of the time she has to stay away from her father in the boarding. She is currently studying in grade three and she has been scoring good marks in her every examination.

Her class teacher informs that she is a disciplined and diligent student who has been regularly in the top ten.

She likes studying & sharing her parts of knowledge with her school mates and she gets this opportunity only staying in boarding though he has to stay away from her father. Therefore, she feels good to have a long vacation in winter and spend maximum time helping her father who is her everything in this life. Finally, her father would like to extend his best regards and gratefulness to his daughter's sponsor for continuous support and love towards people like them.

## Serchung Lhamo Baiji



Serchung Lhamo is a grade seven student studying in HIMSS (Himalayan International Model Higher Secondary School) and also stays in the boarding since her parents are living in Dolpo, one of the most remote districts of Nepal.

During her long vacation, she is taken care of by her

uncle who is a monk in Kathmandu. And she is in her winter vacation these days which was started from 25th December 2019.

Her class teacher informed that she is one of the brightest and well-disciplined students of the class and also has been an active participant in many of the school's extracurricular activities. She tells me she loves reading novels during her free time besides her interest in sports.



## **Students who left the Children Sponsorship Program in Year 2019**

### **Manish Jankari**

Manish Jankari was living with his single mother in Dunai and he completed grade seven from Dunai Boarding High School at the end of April 2019. The foundation has ended the sponsorship of Manish from mid-2019 because the Nepalese Army has decided to take care of his studies starting from academic year 2019/20 by admitting him in Army School as his father was killed in an accident some years ago during road construction carried out by the Nepalese Army nearby Dunai. And the Army school will provide support till his college degree. He considers himself lucky that he got an opportunity to study in a boarding school and for that, he would like to express his enormous appreciation to his sponsor who has been supporting him for the last several years. These days, he is studying in Army School being far from his mother but he is doing well and he likes the school and its environment.

### **Prachanda Bohora**

Prachanda Bohora completed her grade eight from Dunai Boarding High School at the end of April 2019. And he has to move to another school for grade nine and ten since the same school don't have the higher classes. Further, his parents migrated to the outside of Dolpa district for better opportunities so the Dunai Boarding High administrator wrote to discontinue the scholarship program since it will be inconvenient to keep in touch and transfer the funds for his studies. The headmaster informed me that he is a disciplined and hard-working student during his time in the school.

### **Monlam Chama Lama**

At present, Monlam Chama is studying in Manjughoksha Academy leaving the St. Mary School where she studied for two academic years. She is a really good & studious student who lives with her aunty Sonam Choekyi and Tsering Lhamu in Kathmandu.

The foundation dropped the sponsorship of Monlam in October upon the received of letter from her aunty Sonam informing that the Monlam don't need further support from the foundation since she is in a stage to support her niece's education with a job she is doing. And also they want to give other girls in Dolpo who deserves a similar opportunity like her niece.

## Phurba Tsering



Phurba Tsering completed his one year of Computer Training Education from one of the reputed Indian Top Computer Institute at the end of September. And immediately after his returned to Nepal, he got the job in Tech One Global Nepal Pvt.Ltd (Single Microsoft gold partner company in Nepal) and he works as Microsoft Technology Specialist Support. At Tech One Global, he provides support to several National Banks like (NMB Capital, Sunrise Bank,

Nabil Bank, Machapuchhre Bank, BOK, NCC Bank) in Technical issues.

### *What Phurba has to say.....*

*I Phurba Tsering, would like to express my sincerest thanks to you for sponsoring my education for the 2019-2020 school year. Without your most generous contribution, I don't know how I would have managed to balance my studies. This means the world to me. Thanks again. Earning that I am the recipient of such a prestigious sponsorship has eased my financial concerns regarding obtaining my education. Your aid and support have motivated me to keep working hard to see a dream come true. Words fall short when I try to express my sincerest gratitude for your sponsorship. When I was informed that I was being given this opportunity, I was overwhelmed with happiness. Mere words cannot express how thankful I am. I was able to complete my Computer Training Education from one of the reputed Indian Top Computer Institute (Network Bulls Pvt.Ltd) with the help of your financial support that no words can express.*

*After finishing my studies from there I returned to my home country Nepal from India. Just within one week of applying for a few jobs, I am successfully able to grab a job in Tech One Global Nepal Pvt.Ltd (one of the only Microsoft gold partner company in Nepal). I got a job role as a Microsoft Technology Specialist Support. At Tech One Global, I support several National Banks like (NMB Capital, Sunrise Bank, Nabil Bank, Machapuchhre Bank, BOK, NCC Bank) in Technical issues. Now I am really happy at my work and I am doing my best for the future. It has been 4 months that I have started my job here and are going fine. These all are possible only due to your support.*



Phurba with office friends

*To all of your kind people here, we were all helpless child before, but now how happy we are since we have so many kind people like you around. You give us so much love, and I cannot express my gratitude in any words. On behalf of all unlucky children, I would like to say, "Thank you, and wish you, nice people, a peaceful and happy life forever. Through you, God's love reaches those children who are in difficulties and need.*

*Also, I would like to Thanks Venerable Dolpo Tulku Rinpoche, Lhakpa Tsering brother and all the members Dolpo Tulku Charitable Foundation and its sister organization for their wonderful works in Nepal.*

## **Dawa Gyalpo**



Dawa Gyalpo completed his four years of the theoretical study of Tibetan Medicine in the year 2018 and then began his one year of internship from the beginning of 2019 working in two clinics in two different places under two well experienced Amchis (Tibetan Medicine doctors). He did his first four months internship working in Pure Vision Sorig in Nepal under the Amchi Sherab who is from Bhutan and then did the next six months in Lhunkhang Tibetan Healing Center in Delhi under his teacher who runs the same Centre.

Amchi Dawa Gyalpo shared his experience of seeing his first patient during his internship time which was full of nervousness and excitement at the same time. And then how he improved to deal with patients and figure the complaints of them and treat them accordingly. In short, he tells that his first four months of internship taught him to develop the confidence to face patients and the other six months gave him space to experience and implement what he studied in last four years.

To serve his community and gain the further experience he is working in Dolpo Winter Clinic 2020 as Tibetan Medicine doctor. And he did volunteer in previous two clinics as the assistance of Amchi and also the acupuncturist.

### ***What Dawa has to say....***

*The internship is one year where I went to two different Clinic and two months of Preliminary Practice. My classmates and I did the practice or puja in college. I went to Pure Vision Sorig in Nepal and Lhunkhang Tibetan Healing Center in Delhi. The first*

*term was hard for me as I was stressed to learn and consult patients. I was greedy enough to wish to learn all in a very short period which is impossible at all. So, I stayed there for four months and went for the second term. In the second term, I settled down my mind and I was free of stress and continued my internship for the next six months. Both of the Clinic taught me a lot and built me as a good enough Amchi. In Nepal, I built my confidence to face patients.*



**Amchi Dawa Gyalpo participated in Sowa Rigpa Seminar**

*Delhi showed me all kinds of patients from viral infection to cancer in the last stage. The year 2019 was a movie where I watched all that I learnt in the last five year. And this year will pull me toward my upcoming career of serving all my brothers and sisters. 2019 has one of the most challenging and productive years for me so far. The year 2019 was my internship year where I was forced to face all kind of patients. I saw and felt the problems of my patients which encourages me to carry on. I learnt a lot and built confidence where I will be given the seat of Tibetan Doctor in Dolpo Winter Clinic and my college itself. I am very grateful to you for your kindness and helps. Thank you so much!!!*

## Pasang Lhamo



She is doing fit and fine with her uncle with whom she has been staying in Kathmandu for last one years. But these days her mother with them who came from the village for pilgrimage and meet children. She tells me she is really happy to have her mother here and looking forward to having a good time this winter. At present, she is in her last year of intermediate level education and she is appreciating her studies of Humanities. Other then her college time in the morning, she works in a restaurant on a part-time basis after college to meet her additional expenses. She shares that she

is looking forward to continuing her bachelor studies after completion of an intermediate degree in April 2020 and also getting a better job related to her studies. She reminisces her struggle of getting secondary education after dropped out due to financial and other reasons but then she got to continue her studies through the support to the foundation. Therefore, she would like to appreciate the generosity and support of sponsors, staffs and members of the foundation.



## **Yungdrung Magli Budha**

Miss Yungdrung Magli is doing well and these days she is having her final examination of the fourth year. Her final year of M.B.B.S studies will start from the first week of April. And she tells that she is planning to take a year gap after completion of her five years of M.B.B.S studies so that we could gain practical experience working in the hospital and Dolpo for some months. Further, for the Master level, she is preparing to study the three-year course called MDGP(General Practice and Emergency Medicine) after gaining a year of experience in a hospital because she was suggested by Dr Hans Marty that the MDGP degree would be the most useful in remote places like Dolpo where one doctor could diagnose and treat all patients of any age medically considering that fact that there is no access of different consultant.



Yungdrung with her classmates